USER GUIDE

Sekondo, step by step

Install, update and work with help from your AI assistant.



Sekondo 1.3.0

Start here. Go at your own pace.

Four steps to install or update Sekondo and get to work.

1

Prepare.

What you need and installation.

PAGE 05



2

Connect.

Adobe and your assistant.

PAGE 07



3

Test.

Your first task and how to review it.

PAGE 09



4

Work.

Instructions, notes and examples.

PAGE 11



5

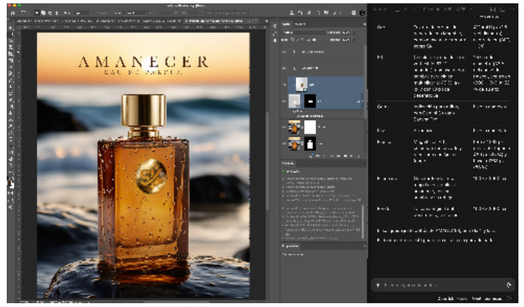
We’re here to help. See page 17 or write to **soporte@sekondo.app**

Adobe’s AI, just by asking.

It works with the latest from Adobe, including beta versions. You give one instruction; it decides which tool to use at each step.

Ask for an ad in your own words and Sekondo does the rest: it writes every prompt in full detail and chains tools on its own, one after another. It generates the product with Magnific, removes the background and creates the setting with Firefly, harmonizes the light, adds the drops with Nano Banana and upscales with Topaz. It picks the model that fits best at each step (Firefly, GPT Image 2, Nano Banana or FLUX) and leaves everything in layers, editable.





This is Sekondo when you ask for a complete poster in a single request: it delivers it in smart, editable layers.

“Make me a perfume poster in this blank document, in layers, following our client’s corporate identity and these instructions:

An amber bottle with a gold cap and no label, made with Magnific, on a wet rock at the water’s edge at sunrise, with harmonized light; and then, on another layer, water drops on the glass.

On the bottle, our gold Sekondo SK badge with reflections.

At the top, centered, AMANECER and below it EAU DE PARFUM.”





Top, the original photo. Bottom, the same photo after asking to “put snow on the rocks and the ground”: it changes only what you ask for and leaves the rest as it was. Tool: Prompt to Edit. Model: Gemini 3 (Nano Banana Pro). Time: about 36 seconds.

Photoshop

Generative Fill.
Tell it what you want and where, and Photoshop fills it with its AI on a new layer, with several versions so you can compare them and pick the one you like best.

Choose the model.
Ask for your image with Firefly, GPT Image 2, Gemini 3 (Nano Banana Pro) or FLUX.2 pro, and it generates it with the one you name, without touching a single menu.

Remove background, generate background and harmonize.
Cut out the product, give it a new setting resting on the surface you describe, with its shadow and reflection, and adjust the light so everything fits.

Edit the photo by describing it.
“Put snow on the rocks”: Photoshop changes only what you ask for with Prompt to Edit, and leaves the rest of the photo exactly as it was.

More resolution with Topaz.
Double the size of your image with Topaz generative upscaling, with all its detail, ready to print large, show on a big screen or crop without losing quality.





Top, the original photo. Bottom, the result of a single request. Tools: Remove Background, Generate Background with Firefly (a wooden table by the sea, with its shadow) and Harmonize, which matches the light. Time: about 28 seconds.

A whole ad in a single request.
From a blank canvas to the finished ad: product, setting, light, drops, headline and upscale, every layer with its name, ready for you to retouch.

Layer by layer or all at once.
Ask for everything in one request, or layer by layer to watch each part of the ad appear: the product, the setting, the light and the headline.

Your real logo, in gold.
Your assistant places your own logo file, never a generated imitation, and gives it a polished gold finish with reflections and a soft shadow.

Headlines in their place.
In your typeface, your color and the spacing you choose, truly centered on the canvas.

Big jobs, in seconds.
In a single request it creates and retouches dozens of layers: eighty, with their opacity and blur, in about nine seconds. Without flattening anything.

Add your other AIs.
If your assistant has another image AI connected, it uses it together with Photoshop’s in the same request and brings the result into a layer of your document.

What’s new in Sekondo 1.3.0.

Everything that has changed since the first version.

1.3.0 connects first time. Claude, ChatGPT and the panel always use the same key, the one in your email: no more invalid key message with ChatGPT. Sekondo’s messages tell you in plain words what is happening and what to do, and if something won’t connect, your assistant has the help guide at hand, even if the key fails or there’s no internet. And here is everything that has been arriving, app by app.

In every app

Always in the right document.
Sekondo knows which document or project you asked it to work on and sticks with it from start to finish. If you open another one in the meantime, it tells you before touching anything: your work always goes where it belongs. In Photoshop, InDesign, Illustrator, After Effects and Premiere Pro.

The files on your disk, safe.
Your originals are yours: your assistant only renames, moves or deletes files on your computer when you ask it to. And if a request can be read two ways, like “sort the clips”, it asks whether you mean inside the app or in your folders too.

Every task, in one go.
In InDesign, Illustrator and After Effects, Sekondo works without warning dialogs popping up, such as missing fonts or links. Ask for something big and it carries it through to the end in one go.

Your assistant knows more about every app.
Sekondo teaches your assistant the craft of each app, and in this version it knows much more about InDesign, After Effects, Premiere Pro and Lightroom Classic: text with several styles, effects and sequences, masks and artificial intelligence. It learns on its own, with nothing to reinstall.

Installation

Your key, in a moment.
Open the installer and it does the rest: your key is already filled in. Claude, ChatGPT and the panel use that same key.

Finds Adobe wherever it is.
Are your Adobe apps on another drive? The installer finds them and sets up Sekondo in each one, on Mac and Windows.

More compatible with Windows.
Sekondo works with Claude whether you downloaded it from its website or from the Microsoft Store.

Faster updates.
When a new version arrives, the installer updates only what has changed and leaves everything else as it is. You are up to date in a moment, with your key still in place.

InDesign

Text with several styles.
Change a headline or a paragraph with words in bold, italics or another color, and each style stays exactly on its word. Your layout stays intact.

Flexible layout.
Ask for boxes that arrange themselves in a row or a column, with the spacing you choose, and rearrange themselves if you change it.

Premiere Pro

Titles with the text already written.
Ask for a title and it places it in your sequence with the Premiere template you choose, or one of your own: with the text written, your typeface, your colors and the duration you want, on a free track and without moving anything in your edit. It stays a Premiere title, ready to fine-tune in the Properties panel.

With the latest Premiere.
Sekondo works with Premiere Pro 26.3 and later versions. Keep Premiere up to date and keep working with Sekondo as always.

Effects in your language.
Ask for an effect by name and it finds it, whether your Premiere is in Spanish, English or Portuguese.

The sequence you name.
Tell it the name of a sequence, even without accents or capitals, and it works on it without touching the one open in your timeline.

Finds the exact line in your interviews and prepares the captions.
Your assistant transcribes, drops a marker or a cut right on that line and prepares the captions with their exact timing: you drag them onto the timeline.

Glint, Mosaic and Twirl.
The new effects in Premiere Pro 26.5 (beta), with the values you ask for.

After Effects

Contour Paint.
The new effect in After Effects 26.5 (beta), applied and adjusted just by asking.

Illustrator

Mockups.
With Illustrator beta 31.0, your design, placed on a product photo.

Lightroom Classic

Sekondo works inside Lightroom Classic, so everything Lightroom does, your assistant does, including its most powerful artificial intelligence tools. Ask in your own words and it applies them for you.

AI masks.
Lightroom recognizes the subject, the sky and the background of each photo, and your assistant creates and adjusts those masks for you. Darken just the background of a portrait, bring a dull sky to life or light up the subject, and copy that adjustment to the whole series. Radial and linear masks too, which it inverts or duplicates whenever you need.

Point Color.
Pick an exact color in the photo, like a skin tone or the red of a garment, and adjust only that color: its hue, saturation and luminance, with Variance to fine-tune how much it covers. The rest of the image stays untouched.

Auto settings and presets.
Auto Tone and auto white balance just by asking, and your presets applied to one photo or a whole series. Your assistant also creates new presets from the edit you like.

Snapshots.
Save a snapshot of each edit and go back to any version whenever you want. Try anything you like, as many times as you like, without fear: your previous edit is still there, waiting for you.

Reflection removal.
With Lightroom’s AI Reflections tool, glare and reflections disappear from photos taken through glass: a shop window, a train window, a museum display case. The subject stands out clearly and you save hours of cloning.

Remove people from the background.
That perfect photo, with too many people in the background: Lightroom detects the distracting people and removes them with Adobe Firefly AI, which fills the space naturally. Your subject, alone in the picture.

Lens Blur.
Blur the background or the foreground with an optical-looking bokeh, like that of a fast lens. Lightroom calculates the photo’s depth with AI and separates the subject naturally.

Cleaner, bigger photos.
Reduce the noise in RAW photos shot in low light and double their resolution with Super Resolution, to enlarge or crop without losing detail.

Your catalog, in order.
Stars, flags, color labels, titles, captions, copyright and keywords: your assistant organizes the library for you, photo by photo or in whole series.

Your files, safe on export.
If a file with the same name already exists, Sekondo saves the new one under another name and keeps yours.

Exports in one go.
Ask it to export a whole series and Sekondo gets it ready in one go, each photo exactly as you edited it.

Its own window in Lightroom.
Sekondo has its own window, dark like the app, in Library → “Sekondo: panel”. And Lightroom’s progress bar tells you at every moment what it is doing and how much is left.

Imports and stacks for you.
Ask it to bring the photos from a folder into your catalog and it puts them in the collection you name, without moving the files. And when a photo comes back retouched, it stacks it with its original.

From Lightroom to Photoshop and back.
Your assistant exports the edited photo, retouches it in Photoshop and returns it to your catalog stacked with the original, with all its layers. Without you switching from one app to another.

Virtual copies and collections.
Try different edits on virtual copies without touching the original photo, and gather your picks in collections to keep them always at hand, ready to edit or export.

The framing you want.
Crop, straighten, rotate and correct perspective with Upright, photo by photo or across the whole series.

1 Prepare. What you need and installation.

Keep your download and the email with your key handy.
Let's install **Sekondo** on your computer.

What you need

- A Mac with macOS 13 or later (14 if you use ChatGPT), or a PC with Windows 10 or later.
- Your Adobe apps, version 2024 or later (Premiere Pro, 25.6 or later).
- The Claude desktop app or the ChatGPT desktop app (not the browser version), with your own subscription.
- About 175 MB of free disk space to install Sekondo.
- Your Adobe and assistant subscriptions are paid separately.



1.1 • **Prepare.** Installation.

If you use a Mac

1 **Before you install**
Save your work and quit Claude, ChatGPT and Adobe completely.

2 **Open the installer**
Open the ZIP and then “Instalar Sekondo”.

If you bought it on sekondo.app: your key is already filled in (it is the one in your email). Click “Install”.

If you bought it on the Adobe store: no key needed, it installs on its own. Creative Cloud has already added the panel.

3 **Let your Mac open it**
macOS will ask whether you want to open an app downloaded from the internet: click “Open”.

4 **Read the final message**
It tells you which apps are ready and whether any step is left. If something failed, send a screenshot of the message to soporte@sekondo.app

If you use Windows

1 **Before you install**
Quit Claude, ChatGPT and Adobe completely, also from the little arrow ^ on the taskbar (Show hidden icons).

2 **Open the installer**
Right-click the ZIP and choose “Extract All”. Open “Instalar Sekondo”.

If you bought it on sekondo.app: your key is already filled in (it is the one in your email). Click “Install”.

If you bought it on the Adobe store: no key needed, it installs on its own. Creative Cloud has already added the panel.

3 **Let Windows run it**
If “Windows protected your PC” appears, click “More info” and then “Run anyway”.

4 **Read the final message**
- **INSTALLED:** that component is ready.
- **PENDING:** a step still needs to be completed.
- **FAILED:** it didn’t install correctly. If you’re not sure how to continue, send a screenshot of the message to soporte@sekondo.app

2 **Connect.** Adobe and your assistant.

Sekondo connects your assistant to the Adobe app where your work is open.

Use the **Claude** or **ChatGPT** desktop app:
the browser version can’t connect.

Don’t have them? Download them here:

Download Claude

Download ChatGPT

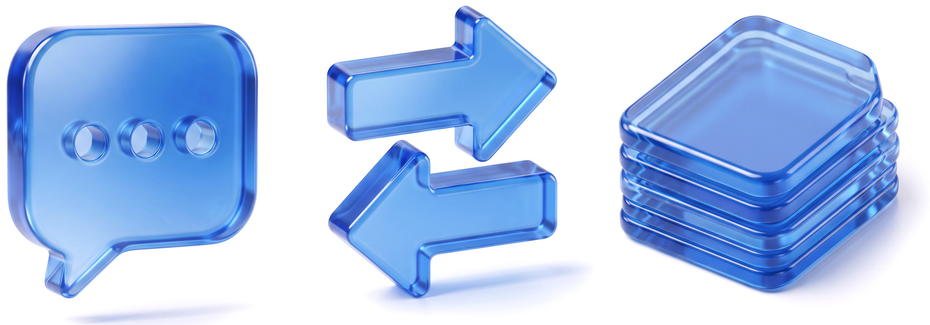


2.1 • **Connect.** Your first connection.

Open both sides

1 **Open your assistant**
After installing, quit it completely and open it again. On Windows, also quit it from the little arrow ^ on the taskbar (Show hidden icons).

2 **Open Adobe and your file**
A test file, for example a copy of a poster.



Check the connection

3 **Open the panel**

- **Illustrator and After Effects:** Window → Extensions → Sekondo.
- **Photoshop and InDesign:** Plugins → Sekondo.
- **Premiere Pro:** Window → UXP Plugins → Sekondo.
- **Lightroom Classic:** File → Plug-in Manager → Sekondo.

The panel connects on its own with your key, the one in your email: the light turns green. In Lightroom Classic, click “Connect” the first time.

4 **Ask for a check**
“I want to work on [file], open in [app]. Tell me what it contains. Don’t change anything.”

5 **You’re ready to work with your assistant**
Once it describes your file, the connection is ready. Connection help is on page 15.

3 Test. Your first task and how to review it.

Start with a simple task:
you'll see your instructions
turn into a result.



The test on the next page is for Photoshop, Illustrator and InDesign: you'll change a piece of text.

If you use After Effects, Premiere Pro or Lightroom Classic, start with the examples for your app on pages 15 and 16.



3.1 • **Test.** One task from start to finish.

Prepare a practice file

- Open Photoshop, Illustrator or InDesign and create a new document. With the Type tool, type “Hello, Sekondo”: it must be editable text, not an image.
- Save it as “My Sekondo test” and leave it open. Check that the Sekondo panel light is green.

Ask your assistant

- First, have it look without touching anything. Type: “In the file ‘My Sekondo test’, tell me what text it contains. Don’t change anything.” Its answer should match what you see.
- Then the change: “Replace ‘Hello, Sekondo’ with ‘More time to create’. Keep the style and don’t touch anything else.”
- Let it finish before you carry on editing. When it’s done, it will tell you what changed.

Review and save

- Look at the result in Adobe: the whole phrase, still editable, and everything else where it was. If it’s cut off, ask: “Enlarge the text box so it all shows, without reducing the font size.”
- Save it as “My Sekondo test 02”, close it and open it again to see the change saved. You’ve completed your first task: ask, review and save.



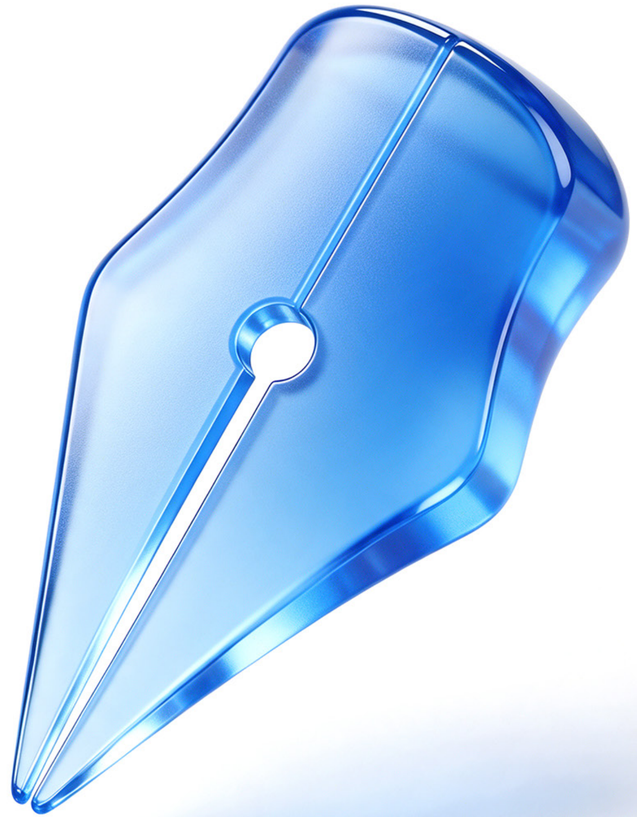
4 **Work.** Instructions, notes and examples.

Tell it what you want to achieve,
as you would someone in your studio.
You set the direction.



The next pages show you how to give clear instructions and how to leave notes inside the document.

Then there’s an example for each app: a task to try and how to judge the result.



4.1 • **Work.** How to give instructions.

Tell it where to work

- Name the file and the app: “In Summer poster, open in Illustrator…” If you open another file, tell it before the next instruction.
- Call each thing by the name it has in your document: the “Headline” layer, page 4, the “Instagram” artboard or the “Intro” composition.

Describe the result

- Say what you want to achieve: “make the poster square,” “move the title up” or “brighten the photo.” The more specific the instruction, the easier it is to get there.
- Give measurements with their unit (1080 × 1080 px, 10 mm margin, 48 pt title) and say what it’s for: print, web or social media. Each is prepared differently.
- Not sure how to put it? Ask for options: “Suggest three ways to lay out this page and explain each one.” Pick one and go from there.

Say what to keep

- Point out what you want to keep: the logo, the photo, the colors, the styles or the animation. That way every change respects your design.
- If you always work the same way (your margins, your typefaces, how you name files), tell it at the start of the conversation and it will take that into account.

Work step by step

- Start with a proposal: “Review the document and explain how you’d do it, without changing anything yet.” When the approach works for you, ask it to apply it.
- For a long job, have it test on one page, clip or photo first. If you’re happy, let it carry on with the rest.
- Before an important change, save a copy under another name: from “Campaign 04” to “Campaign 05.” And one assistant per document, never two at once.

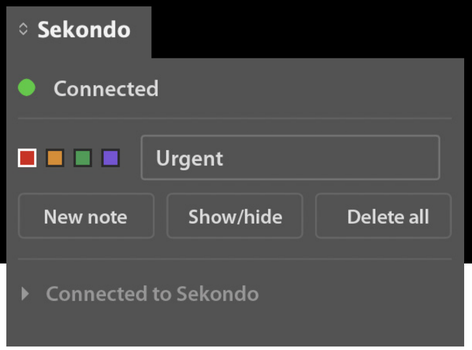
Review and correct

- Check the result in Adobe, not just what it tells you. To correct it, say what to change and what to leave: “Move the title up, but don’t touch the photo.” One thing at a time.
- You can undo changes with Cmd+Z (Ctrl+Z on Windows); in Illustrator, sometimes in several steps. If an instruction can’t be undone, the panel warns you.

A complete example

- “In Summer poster, open in Illustrator, make a square 1080 × 1080 px version for Instagram. Keep the logo and colors, and check that nothing falls outside the artboard.”
- It says where, what result, what for, what to keep and what to check. You set the direction and give the go-ahead; Sekondo does it inside Adobe.

4.2 • Work. Notes.



What they're for

- A note is an instruction in the exact spot: "this photo goes here," "shorten this text," "make ten icons like this one." Like marking up a proof by hand.
- They're available in Illustrator, InDesign and After Effects, where a job is spread across pages or compositions. In the others, say it in the conversation: in Photoshop and Lightroom Classic, the image and the change; in Premiere Pro, the clip and the moment.

Each color, a priority

- The panel comes with four colors, each with its priority, from highest to lowest: "Urgent," "Important," "Normal" and "No rush."
- Sekondo reads those names, so it knows which notes come first.
- Every studio works its own way: use the names you use. You write them once, they work in all three apps and you can change them whenever you like.

Leave a note

- Choose the color and click "New note." It's created on the "NOTES • hide before exporting" layer, at the top; in After Effects, as a guide layer.
- Write what you need and place it over whatever needs changing: a text, a photo, a page or a moment in the composition.

Everything it needs, on that layer

- Leave reference photos, the logo, icons or a hand-drawn sketch there too. That way nothing is left loose in the document.
- For example, in Illustrator: an icon inside a circle, several empty circles and a note: "Make the rest like this one."
- When everything's ready, tell it: "Deal with the notes on page 3 and ask me about anything that isn't clear."

After the notes

- Sekondo doesn't delete, move or change your notes unless you ask: they stay so you can check each item.
- "Show/hide" shows or hides the selected notes; with none selected, all of them. "Delete all" removes them from the document in one go; Cmd+Z brings them back.

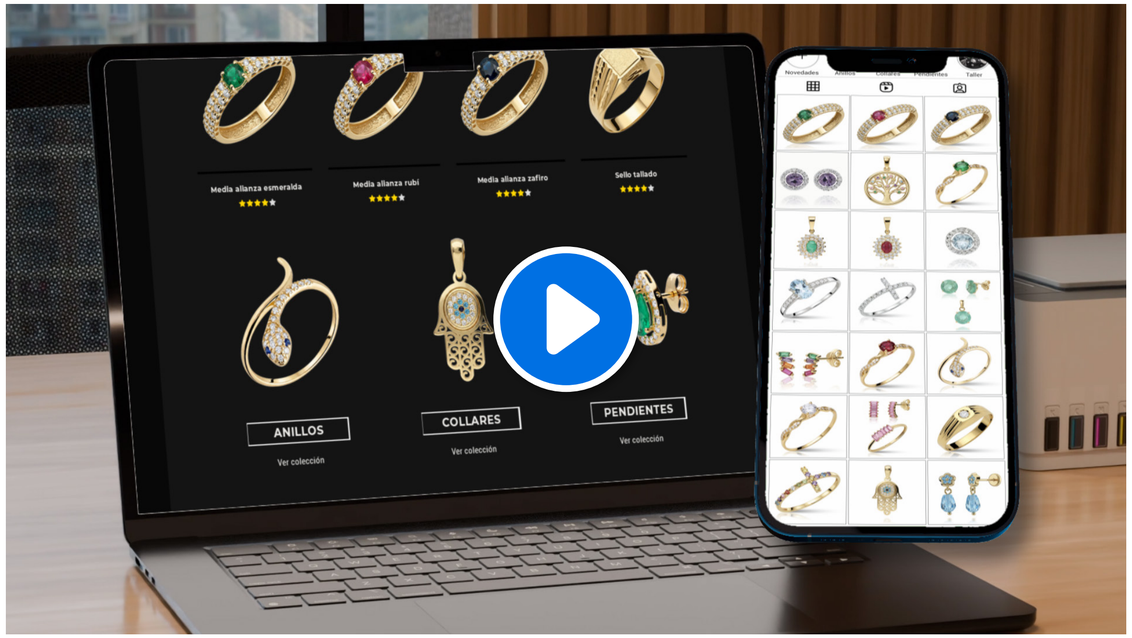
Before exporting

- Turn off the notes layer before exporting or printing: that's why it has that name. If you ask Sekondo to export, it turns the layer off and tells you.
- Open the exported PDF, image or video and check that only the final content appears. Then it's ready to deliver.

4.3 • **Work.** Examples: Photoshop and Illustrator.

Photoshop

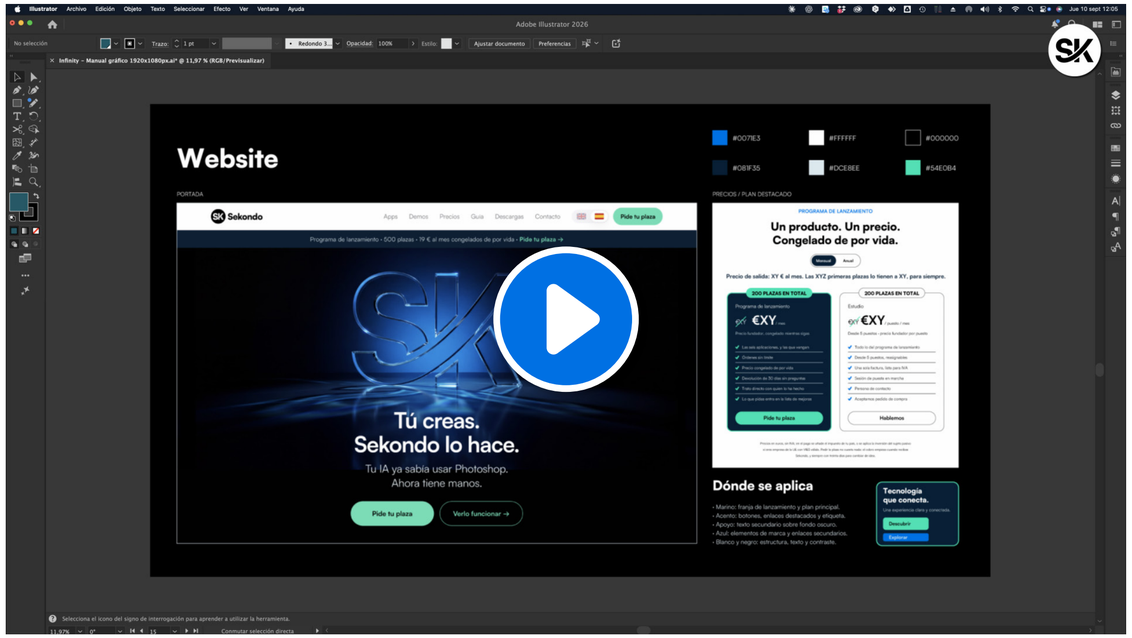
Real demo: Jewelry. Retouch an image without losing its layers.



Try this task	Judge the result
"In my copy, brighten the product photo and keep its colors and layers."	View the image at 100%: light, color and product detail.

Illustrator

Real demo: Brand manual. One layout, many formats.

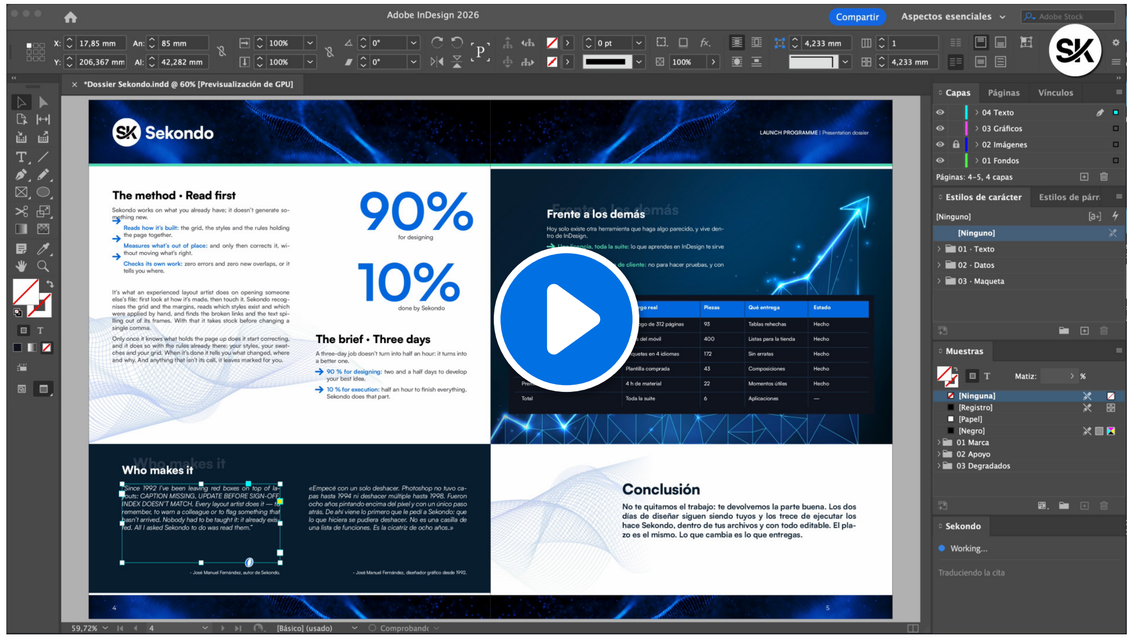


Try this task	Judge the result
"Make a vertical version of my poster at 1080 × 1920 px. Keep the logo, colors and text."	Check that the design breathes and the text reads well.

4.4 • Work. Examples: InDesign and After Effects.

InDesign

Real demo: Dossier translation. Change the text, not the structure.

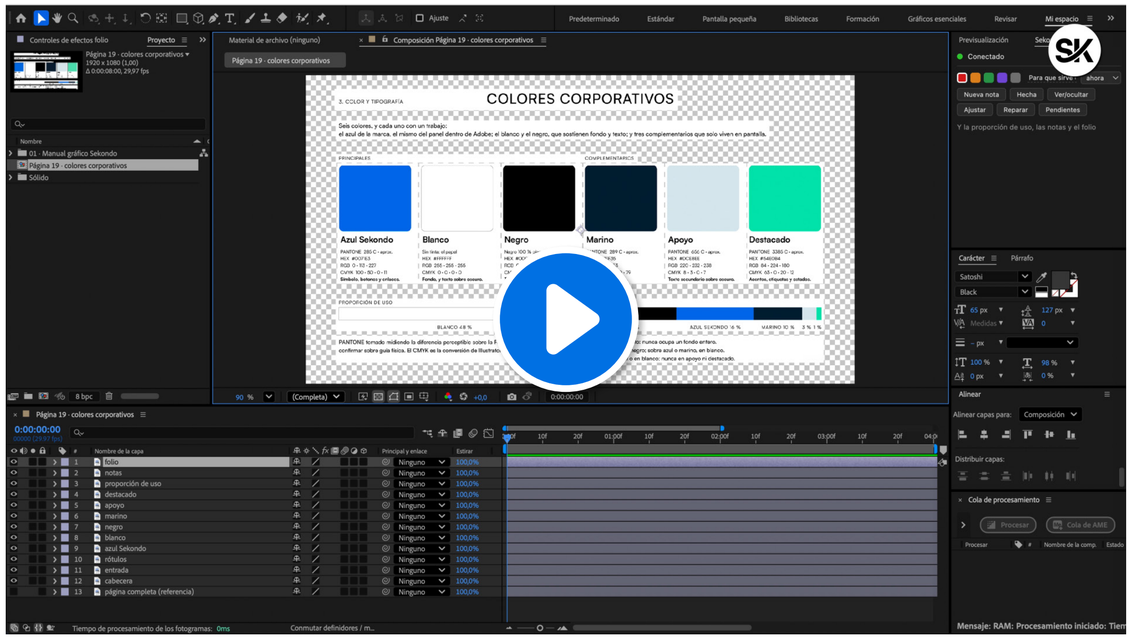


Try this task
"Translate this page of my copy into Spanish. Keep the styles and structure."

Judge the result
Read the translation and check the fit before moving on.

After Effects

Real demo: Animated manual. Start with one composition.



Try this task
"Change the text of the 'Title' layer to [new text] and keep its animation."

Judge the result
Play the composition and watch the title in motion.

4.5 • **Work.** Examples: Premiere Pro and Lightroom Classic.

Premiere Pro

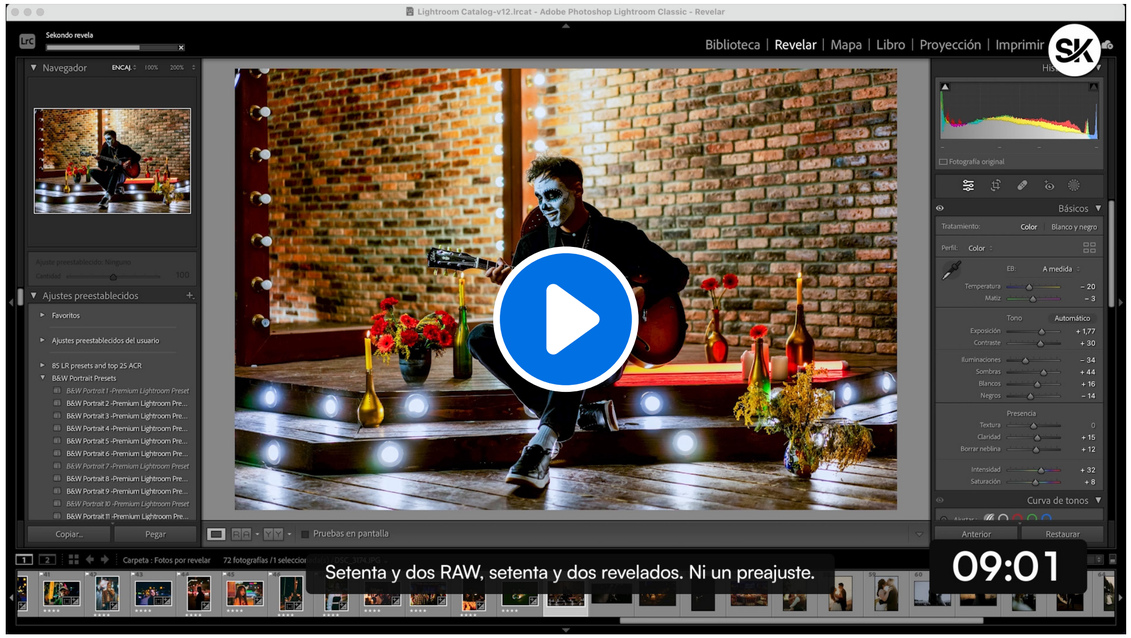
Real demo: Conference. A short sequence, reviewed end to end.



Try this task	Judge the result
"In the copy of my sequence, trim the 'Interview 02' clip to five seconds."	Play the cut and check the pacing and sound.

Lightroom Classic

Real demo: Photo editing. One photo first, then the series.



Try this task	Judge the result
"In the selected photo, straighten the horizon and correct the white balance. Keep it looking natural."	Compare the two versions and use the adjustment as a starting point for the series.

5 We’re here to help

Find the Sekondo panel

- Look for the panel as explained on page 8. If it isn’t there, check the installer’s final message: if it says a step is missing, the installation didn’t finish.
- If you don’t know how to complete that step, send a screenshot of the message to soporte@sekondo.app and say whether you use Mac or Windows and which app you’re looking for Sekondo in, and cover your key before sending it.

Connect your assistant to the file

- Open the app and your file first, then the Sekondo panel. Check its light: green, connected; blue, working; amber, not connected to your assistant.
- If it’s amber, quit your assistant completely and open it again; on Windows, also quit it from the little arrow ^ on the taskbar (Show hidden icons). Then click “Connect” in the panel.
- Repeat the check on page 8. If it still can’t see the file, send its answer and a screenshot of the panel to soporte@sekondo.app

Pick up after a crash

- Open the last saved version or Adobe’s recovered file. Your assistant knows which instructions it gave in the conversation: ask it to repeat the ones that were lost.
- To avoid this mid-job, save your projects before updating Adobe or Sekondo, then test with a small task.

Follow a task’s progress

- Look at the Adobe app first: it may be waiting for you to accept a message, or still working, and while it works it doesn’t redraw the screen. Don’t repeat the instruction yet.
- While the panel light is blue, Sekondo is still working: wait for it to turn green before checking the result.
- If a while passes and nothing changes, tell your assistant: “I don’t see any change. Check whether the instruction reached Adobe.”

Help and privacy

- **sekondo.app:** when you pay, you get an email with your key and the apps you chose. To work with others, upgrade your plan.
- **Adobe store:** Adobe charges it. To cancel, use the “View/Edit subscription” link in your purchase email.
- You get an invoice by email with every payment. To change your card or cancel, write to soporte@sekondo.app with your purchase reference.
- Your assistant reads what it needs for the task: text, measurements, sometimes a screenshot. Check its terms and your client’s permissions before using confidential material. Privacy: sekondo.app/en/privacy.html

KEEP CREATING

You create. Sekondo does the rest.

Pick a task from your everyday work.
Start gaining time to create.

Demos: sekondo.app/en/demos.html
Help: soporte@sekondo.app



Sekondo 1.3.0